

# [PDF] Heart And Hands: A Midwife's Guide To Pregnancy And Birth

**Linda Harrison, Suzanne Arms, Elizabeth Davis - pdf download free book**

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**Books Details:**

Title: Heart and Hands: A Midwife's  
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## **Description:**

Elizabeth Davis's *Heart and Hands*, though subtitled *A Midwife's Guide to Pregnancy and Birth*, is not just for midwives. It's an excellent and thorough resource for parents-to-be who are thinking about delivering their child with a midwife, or who are concerned about the medical establishment's over-control of birth. (Two previous editions sold more than 100,000 copies and there are nowhere near 100,000 midwives or midwifery students to buy this book, proving that parents-to-be have looked to this resource for options.)

Completely updated in the third edition, *Heart and Hands* is a practical guide, textbook, and

reference that is both hands- and hearts-on. Davis, a long-time, well-known midwife, gives how-to details on all aspects of midwifery practice, including prenatal care, problems in pregnancy, assisting at births, labor complications (including a devastating and beautiful description of a stillbirth by midwife Shannon Anton), and caring for the entire family postpartum. Each chapter has a special section "for parents," but expectant parents can use all of *Heart and Hands* to get as much knowledge as possible about their upcoming experience. --This text refers to an out of print or unavailable edition of this title.

**From the Publisher** \* Thoroughly revised and updated fourth edition of the classic text for midwives, also useful for expecting parents, nurses, childbirth educators, doulas, and other labor helpers.

\* Features new diagrams and photographs, updated midwifery forms, and an expanded resource list for parents.

\* Expanded sections on GBS, VBAC, gestational diabetes, and water birth address current controversies.

\* Previous editions have sold more than 150,000 copies

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