

[PDF] Tapping The Power Within: A Path To Self-Empowerment For Women

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About the Author

Iyanla Vanzant is the founder and executive director of Inner Visions International and the Inner Visions Institute for Spiritual Development. She is a Yoruba priestess and an ordained minister in Christian New Thought. The author of 13 titles—including five *New York Times* best sellers, and the Inner Visions Series of meditation tapes (Sounds True, 2002)—she is the former host of the television series *Iyanla*, and co-host on the NBC daytime reality show *Starting Over* as well. The proud grandmother of five currently resides in Maryland.

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